

CORPORAL WORKS OF MERCY

TRACKER

FEED THE HUNGRY

☐☐☐☐☐☐☐

GIVE DRINK TO THE
THIRSTY

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CLOTHE THE NAKED

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SHELTER THE HOMELESS

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VISIT THE SICK

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VISIT THE IMPRISONED

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BURY THE DEAD

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DATE STARTED

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DATE COMPLETED

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REWARD WHEN COMPLETED

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FAMILY CORPORAL WORKS OF MERCY IDEAS

FEED THE HUNGRY

- help cook dinner
- feed a younger sibling
- bring a meal to a friend in need
- donate to a food pantry

GIVE DRINK TO THE THIRSTY

- help a sibling get a drink
- fill everyone's water cups
- donate water bottles for a cause
- support a charity that provides clean water

CLOTHE THE NAKED

- help with laundry (wash/fold/put away)
- donate clothes
- help a younger sibling get dressed

SHELTER THE HOMELESS

- donate to a homeless shelter
- host a missionary or religious who needs a place to stay
- learn about saints who helped the homeless

VISIT THE SICK

- comfort your sick sibling, parent, or friend
- visit a nursing home
- bring soup or a card to a sick friend

VISIT THE IMPRISONED

- make Rosaries for a prison ministry
- donate scapulars to a prison ministry
- send Holy Cards to the imprisoned
- [learn more about prison ministry](#)

BURY THE DEAD

- attend a funeral
- visit a grave
- learn about Catholic funeral and burial practices

FAMILY CORPORAL WORKS OF MERCY IDEAS

FEED THE HUNGRY

**GIVE DRINK TO THE
THIRSTY**

CLOTHE THE NAKED

SHELTER THE HOMELESS

VISIT THE SICK

VISIT THE IMPRISONED

BURY THE DEAD